

55th Annual Grand Junction Dolphin Invitational Swim Meet

Thursday, Friday, Saturday and Sunday, June 25-28, 2009

SANCTION: Held under the sanction of USA Swimming, Inc. Sanction #: 2009-062

MEET: Age Group Prelim/Final and Timed Final Meet

LOCATION: Lincoln Park Moyer Pool, Grand Junction, CO; 970-254-3887. Bounded by corners of North Ave. and 12th St, and Gunnison St. Home of the 1999 USA Western Zone Championship and 2002, 2005 and 2007 LC State Championships!

FACILITY: 8 Lane, 50-Meter, Outdoor Pool, limited warm-up and cool-down area (6 lane shallow), will be available at all times.

SCHEDULE: **Thursday Afternoon:** Warm-up: 5:00 p.m.; Start: 6:00 p.m.
Coaches' meeting at 5:45 p.m.

A.M. Sessions all days: Warm-up: 6:30 a.m.; Start: 8:30 a.m. Clear pool at 8:15 a.m.

P.M. Finals Session all days: Finals warm-up: 4:00 p.m.; start @ 5:00 p.m.

Changes in schedule are at the discretion of the Meet Director and Meet Referee.

TIMING: Colorado Timing System with touch pads, back-up buttons and electronic scoreboard. HyTek Meet Manager software will be used.

SCORING: Individual: 20-17-16-15-14-13-12-11-9-7-6-5-4-3-2-1
Relays: 40-34-32-30-28-26-24-22-18-14-12-10-8-6-4-2
Note: **All events will be functionally seeded by time.** They will be broken into the following age groups for individual high point scoring purposes: 10&Under, 11-12, 13-14, 15&Over. A swimmer can only accumulate points towards a high point award in their own age group events. Bonus flights will not score for team or individual high point awards.

AWARDS: Individual Events: 11-12 and 10 & U will receive medals for 1st, 2nd and 3rd places and ribbons for 4th through 8th place. 11-12 and 10 & U will receive heat awards for their events. The 13-14 and Open swimmers will receive a participation award.

Relays: Relays will receive ribbons for 1st, 2nd and 3rd place.

High Point: Individual age group high point awards will be awarded to the top female and male individual in the following age categories: 10&Under, 11-12, 13-14, Open.

RULES: Current USA rules will govern the meet. Events will be swum in the long course configuration: 50 meters X 8 lanes. No exhibition swimming allowed. All events are prelim /final events except the 800 free, relays, 10 & Under events, and the following 11-12 events: 200 breast, 200 back, 200 fly, 400 IM and 400 Free. These are timed finals and will not be included in the evening finals' session. In the final session, all 50m and 100m will have a **bonus**, consolation, and championship heat. All 200m and 400m events will have a consolation and championship heat. **All prelim events will be swum fastest to slowest all finals events will be swum fastest to slowest.**

All entries must include times. For swimmers without competition times, coaches may submit times that the coach reasonably believes that the swimmer can achieve in competition. Submit long course meter times only.

The meet will be pre-seeded except for the distance events (800 Free, 400 Free and 400 IM) which will require a positive check-in 30 minutes prior to the start of the session to be seeded. Distance events will be limited to the top 24 girls and boys. Swimmers must provide their own timers and counters for the distance events. Teams will be notified by Monday, June 22, 2009, and those entry fees refunded.

Declaration of relays 30 minutes prior to each session is required.

Colorado Swimming, Inc. warm-up procedures will be observed. **THREE POINT ENTRY** will be strictly enforced. Failure to comply may result in a fine and disqualification from participation.

The meet referee will have the final authority on all procedures regarding the conduct of the meet. The referee may combine individual events by age, sex, and/or distance. All coaches and uniformed officials must display their USA/CSI cards when on deck. Current certification is mandatory. Coaches that are in non-compliance will not be allowed on deck.

Warm-up and start times may vary. There will be split warm up times and assigned and assigned lanes on Friday morning only. We may condense the format to make most expeditious possible use of time, but the ages of the sessions will not change. Please include a valid email address to notify teams of changes.

COACHES & OFFICIALS:

Teams are asked to provide officials. Please contact Referee to advise of your availability. There will be a coaches meeting on Thursday at 4:45 P.M. This will be an OQM (Officials Qualifying Meet). All officials seeking advancement or recertification at N2/N3 must request an evaluation. The application for evaluation will be posted on the CSI website. In addition, an Application to Officiate must be submitted to applications@csi.org for scheduling purposes whether or not you are seeking recertification or advancement.

Officials seeking recertification or advancement must attend at least four sessions to be considered for evaluation (three for recertification) and each pre-session briefing. In addition, you must attend the mini-clinics offered each afternoon prior to the start of the afternoon pre-session briefing. All briefings will start 1 hour prior to the start of each session. Uniform is blue and whites. Since this meet can be very hot, comfortable deck shoes are allowed, no long pants or dresses will be required at finals. Hats and sunscreen are a great idea.

National Start procedures will be in effect and National Championship scratch rules will be used. The following scratch deadlines will be in effect.

SEEDING PROCEDURE & SCRATCH RULES:

Scratch procedures will be enforced as per 207.12.10 of the USA Swimming Rules and Regulations. All scratches for the first day must be turned in to the scratch box, faxed, or emailed by 2:00 p.m. Wednesday, July 23, 2008 to the entry chairman, cwalton41@yahoo.com or FAX 978-805-4174. The scratch deadline for all subsequent days shall be thirty minutes after the published starting time of the final session of each prior day's events. Please review 207.12.10C which pertains to the missing of an event in which the swimmer has been seeded for prelims. Swimmers who told their coach to scratch them and the coach failed to do so will not be penalized but the coach will be assessed a \$20.00 penalty. Swimmers qualifying to swim in finals must declare their intent to scratch (if they might not swim that event in finals) within 30 minutes of the posting of results to the administrative referee. The final decision to scratch from an event in finals must be declared to administrative referee within 30 minutes after their last individual preliminary event. A swimmer not reporting to an event, in which the results were posted for his/her swim, will be barred from the remainder of the meet, PLUS a \$20.00 fee will be assessed which must be paid before the swimmer can resume competition. 207.12.10D.

ELIGIBILITY: Open to all swimmers holding a 2009 USA Swimming Membership card. Any swimmer that appears on the CSI exceptions report without registration must come to the meet prepared to show their card, or they will be deck registered before they can enter the water. A surcharge for deck registration will also apply: \$27.00 year round and \$14.00 for seasonal, plus the normal registration fee. Unattached swimmers are also eligible, but may not swim on relays. Previously entered athletes that have met eligibility requirements may request entry in additional events with the availability of an empty lane and at the discretion of the Admin Referee. Requests must be made 30 minutes prior to the start of each session. No events will be reseeded due to deck entries and no athlete meet registrations will be accepted on deck except for relay only athletes. Age as of Thursday, June 25, 2009 will govern entries

ENTRIES: 10 & Under swimmers may swim 4 events and 1 relay per day. All other swimmers may swim 3 individual events and 1 relay per day.

ENTRY FEES:

| | |
|-------------------|--------------------------------------|
| Individual Events | \$ 4.00 per event |
| Relay Events | \$ 6.00 per relay |
| Deck Entries | \$ 8.00 per event, \$12.00 per relay |
| Swimmer Surcharge | \$ 7.00 per swimmer |

CO Western Slope League receives \$.15 and Colorado Swimming \$.60 of each individual event.

ENTRY LIMIT: Due to the number of swimmers expected, the meet will be limited to 500 swimmers. However, teams will not be split up (this pertains only to entries received at the same time while still under the cap of 600 swimmers). Once the limit is reached, no additional entries will be accepted. This includes additional entries from teams already participating in the meet.

ENTRY DEADLINE: Entries must be received by 6:00 p.m. Friday, June 19, 2009. No late entries will be accepted. Please note that if we reach our 500 swimmer limit the entries will be closed, even if this occurs before the entry deadline.

DECK ENTRIES: Deck entries will be accepted only for open lanes. You may deck enter for the current session beginning at the start of warm-up. Deck entries will close 30 minutes before the start of each session. You may deck enter the future sessions' events after deck entries close for the current session.

The deck entry fee is \$8.00 per event. Relay deck entry fees are \$12.00 per relay. Relay only swimmers not previously entered in the meet must present their USA swimming registration card at Clerk of Course in order to deck enter.

ENTRY PROCEDURE: E-mail entries are preferred.

Times for all events should be submitted in long course meters. A current Colorado Swimming Meet Verification Form must accompany all entries.

Email Entries: Email entries to Carrie Walton at cwalton41@yahoo.com. Attach a Word or .pdf document of the Hy-Tek Team Manager Meet Entry Report by swimmer. If you don't receive an email confirmation then your entries were not received. Confirmed e-mailed entries will not need to send the diskette or Entry Reports. Checks and Meet Verification must be postmarked by Friday, June 19, 2009.

Mail Entries: Include a Team Manager report of meet entries by swimmer, along with the diskette/CD, Meet Verification Form and payment. Mailed entries are to be delivered by 6:00 p.m. June 19, 2009.

Other entries must be on CSI duplicate pink or blue master sheets (2 copies) with swimmer's name, USA number, age, event number and entry time in long course meters or "NT". AN ADDITIONAL FEE OF \$1.00 PER INDIVIDUAL EVENT WILL BE CHARGED FOR ENTRIES SUBMITTED IN THIS MANNER.

All entries must be sent to the entry chairman. If sending overnight mail, please **waive the signature.**
DO NOT SEND ENTRIES TO THE POOL.

Send to: Carrie Walton
532 Swan Lane
Grand Junction, CO 81507
970-241-2333
Cwalton41@yahoo.com

RESULTS: Results (full Meet Manager backup and Team Manager files) will be emailed within 5 days. If time and equipment permit, results may be available at the end of the meet on diskette (Bring your own formatted diskette). No paper copies of results will be generated unless asked for by a coach.

REFEREE: Robert Scandary, 970-640-4372; scantrons@yahoo.com

Administrative Referee: John Lorimer, jlorimer@lornet.com 970-325-7961

SAFETY DIRECTOR: Jim Fisher, jimfisher5@hughes.net

MEET DIRECTORS: Michelle Bridwell, 970-314-2264; michellebridwell@bresnan.net

SEATING and SHADE:

Seating and shade are limited. We recommend that you bring your own deck chair. All tents must be placed in the park on the west side of the pool. No tent stakes may be used, and no tents with floors may be located on the grass. Please use bungee cords, water buckets, etc. to stabilize tents. You may pitch and leave a tent overnight at your own risk. **No tents may be located on the lawn of the Parks and Recreation office on Thursday or Friday, and no tents will be permitted in the park to the east of the pool or in the water slide area. No overnight tent camping in park.**

CONCESSIONS / HOSPITALITY:

Swimwear, t-shirts, food and drinks will be available. The Orchard Mesa Lions Club will provide breakfast on Friday, Saturday and Sunday. Breakfast will be served beginning at 6:45 a.m. daily. Coaches show certification for a \$1 discount.

PARKING:

Parking is available at the park. No parking will be permitted north of the Parks and Recreation admin office between the office and pool. No parking is permitted in the golf circle drive. Limited overnight RV permits (10) are available. Contact the Parks and Recreation Department Office @ 970-254-3844.

Grand Junction Dolphin Invitational 2009
Schedule of Events and Qualification Times

Thursday Timed Final Session

Thurs. June 25, 2009

Warm-up 5:00 p.m.

Start 6:00 p.m.

| Girls' Event # | | LCM QT | Event Title | LCM QT | | Boys' Event # |
|----------------|--|----------|--------------------|----------|--|---------------|
| 1 | | 12:30.00 | OPEN 800 Freestyle | 11:45.00 | | 2 |

Friday Morning Prelim Session

Friday June 26, 2009

Warm-up 6:30 a.m.

Start 8:30 a.m.

| Girls' Event # | | LCM QT | Event Title | LCM QT | | Boys' Event # |
|----------------|--------|----------|---------------------------|----------|--------|---------------|
| 3 | 10 & U | | 100 Back (TFP) | | | 4 |
| 5 | 11 & O | | 100 Back | | 11 & O | 6 |
| 7 | | | 10 & U 50 Fly (TFP) | | | 8 |
| 9 | 11-12 | | 11-12 50 Fly | | 11-12 | 10 |
| 11 | 12 & U | 4:20.00 | 200 Breast (TFP) | 4:40.00 | 12 & U | 12 |
| 13 | 13-14 | 4:00.00 | 200 Breast | 3:15.00 | 13-14 | 14 |
| | Open | 3:50.00 | | 3:10.00 | Open | |
| 15 | 10 & U | 3:30.00 | 200 Free (TFP) | 3:40.00 | 10 & U | 16 |
| 17 | 11-12 | 3:30.00 | 200 Free | 3:40.00 | 11-12 | 18 |
| | 13-14 | 3:05.00 | | 3:10.00 | 13-14 | |
| | Open | 3:00.00 | | 2:50.00 | Open | |
| 19 | 10 & U | 4:10.00 | 200 IM (TFP) | 4:40.00 | 10 & U | 20 |
| 21 | 11-12 | 4:10.00 | 200 IM | 4:40.00 | 11-12 | 22 |
| | 13-14 | 3:30.00 | | 3:15.00 | 13-14 | |
| | Open | 3:20.00 | | 3:10.00 | Open | |
| 23 | | 10:30.00 | OPEN 800 Free Relay (TFP) | 10:00.00 | | 24 |

Friday Evening Final Session

Friday June 26, 2009

Warm up 4:00 p.m.

Start 5:00 p.m.

| Girls' Event # | Age Group | Event Title | Age Group | Boys' Event # |
|----------------|-----------|-------------|-----------|---------------|
| 5 | 11-12 | 100 Back | 11-12 | 6 |
| | 13-14 | | 13-14 | |
| | Open | | Open | |
| 9 | 11-12 | 50 Fly | 11-12 | 10 |
| 13 | Open | 200 Breast | Open | 14 |
| | 13-14 | | 13-14 | |
| 17 | Open | 200 Free | Open | 18 |
| | 13-14 | | 13-14 | |
| | 11-12 | | 11-12 | |
| 21 | Open | 200 IM | Open | 22 |
| | 13-14 | | 13-14 | |
| | 11-12 | | 11-12 | |

Saturday Morning Prelim Session

Saturday June 27, 2009

Warm-up 6:30 a.m.

Start 8:30 a.m.

| Girls' Event # | | LCM QT | Event Title | LCM QT | | Boys' Event # |
|----------------|--------|---------|-------------------------------|---------|--------|---------------|
| 25 | | | 10 & U 50 Back | | | 26 |
| 27 | | | 11-12 50 Back | | | 28 |
| 29 | 12& U | 4:15.00 | 200 Fly (TFP) | 4:20.00 | 12 & U | 30 |
| 31 | 13-14 | 3:50.00 | 200 Fly | 3:45.00 | 13-14 | 32 |
| | Open | 3:40.00 | | 3:30.00 | Open | |
| 33 | 10 & U | | 10 & U 100 Free (TFP) | | 10 & U | 34 |
| 35 | 11 & O | | 100 Free | | 11 & O | 36 |
| 37 | 10 & U | | 10 & U 100 Breast (TFP) | | 10 & U | 38 |
| 39 | 11 & O | | 100 Breast | | 11 & O | 40 |
| 41 | 12 & U | 7:10.00 | 400 Free (TFP) | 7:20.00 | 12 & U | 42 |
| 43 | 13-14 | 6:05.00 | 400 Free | 6:15.00 | 13-14 | 44 |
| | Open | 6:00.00 | | 5:55.00 | Open | |
| 45 | | | OPEN 400 Medley Relay (TFP) | | | 46 |
| 47 | | | 12 & U 200 Medley Relay (TFP) | | | 48 |

Grand Junction Dolphin Invitational 2008
Schedule of Events and Qualification Times

Saturday Evening Final Session
Saturday June 27, 2009 Warm up 4:00 p.m. Start 5:00 p.m.

| Girls' Event # | Age Group | Event Title | Age Group | Boys' Event # |
|----------------|-----------|-------------|-----------|---------------|
| 27 | 11-12 | 50 Back | 11-12 | 28 |
| 31 | Open | 200 Fly | Open | 32 |
| | 13-14 | | 13-14 | |
| 35 | Open | 100 Free | Open | 36 |
| | 13-14 | | 13-14 | |
| | 11-12 | | 11-12 | |
| 39 | Open | 100 Breast | Open | 40 |
| | 13-14 | | 13-14 | |
| | 11-12 | | 11-12 | |
| 43 | Open | 400 Free | Open | 44 |
| | 13-14 | | 13-14 | |

Sunday Morning Prelim Session
Sunday June 28, 2009 Warm-up 6:30 a.m. Start 8:30 a.m.

| Girls' Event # | | LCM QT | Event Title | LCM QT | | Boys' Event # |
|----------------|--------|---------|-----------------------------|---------|--------|---------------|
| 49 | 10 & U | | 100 Fly (TFP) | | | 50 |
| 51 | 11 & O | | 100 Fly | | 11 & O | 52 |
| 53 | 10 & U | | 50 Free (TFP) | | 10 & U | 54 |
| 55 | 11 & O | | 50 Free | | 11 & O | 56 |
| 57 | 12 & U | 3:50.00 | 200 Back (TFP) | 4:00.00 | 12 & U | 58 |
| 59 | 13-14 | 3:30.00 | 200 Back | 3:25.00 | 13-14 | 60 |
| | Open | 3:20.00 | | 3:15.00 | Open | |
| 61 | | | 10 & U 50 Breast (TFP) | | | 62 |
| 63 | | | 11-12 50 Breast | | | 64 |
| 65 | 11-12 | 7:20.00 | 400 IM (TFP) | 7:30.00 | 11-12 | 66 |
| 67 | 13-14 | 7:10.00 | 400 IM | 7:20.00 | 13-14 | 67 |
| | Open | 7:00.00 | | 6:50.00 | Open | |
| 69 | | | OPEN 400 Free Relay (TFP) | | | 70 |
| 71 | | | 12 & U 200 Free Relay (TFP) | | | 72 |

Sunday Evening Final Session
Sunday June 28, 2009 Warm up 4:00 p.m. Start 5:00 p.m.

| Girls' Event # | Age Group | Event Title | Age Group | Boys' Event # |
|----------------|-----------|-------------|-----------|---------------|
| 51 | Open | 100 Fly | Open | 52 |
| | 13-14 | | 13-14 | |
| | 11-12 | | 11-12 | |
| 55 | Open | 50 Free | Open | 56 |
| | 13-14 | | 13-14 | |
| | 11-12 | | 11-12 | |
| 59 | Open | 200 Back | Open | 60 |
| | 13-14 | | 13-14 | |
| 63 | 11-12 | 50 Breast | 11-12 | 64 |
| 67 | Open | 400 IM | Open | 68 |
| | 13-14 | | 13-14 | |