

# **Colorado Springs Swim Team 2010 Winter High Point Open**

January 8-10, 2010

- Location: Colorado College-Colorado Springs, CO
- Sanction: Held under the sanction of USA Swimming: **Sanction Number: 2010-009**
- Facility: Indoor eight lane 25 yard pool. Depending on the number of entrants, individual sessions may swim using 7 lanes with one lane for continuous warm-up. The competition course has not been certified in accordance with USA Swimming regulation 104.2.2C (4).
- Timing: Colorado Timing System with display board.
- Rules: Current USA Swimming rules will govern the meet. The Meet Referee will be the final meet authority for the conduct of the meet.
- Eligibility: Open to USA Swimming registered athletes holding 2010 membership cards. Age as of **January 8, 2010** will determine swimmer's age for the meet.
- Entries: Submit by e-mail using Hy-Tek comlink file. (Teams not submitting entries via e-mail will be assessed a \$25 fee per team.) The meet will be limited to 500 individual entries in each session. The meet will be pre-seeded except for the 500 freestyle, 400 IM, **1,000** freestyle and relays. All events are timed finals. Positive check-in is required for the distance events (500 freestyle, 400 IM, and 1,000 freestyle). **Swimmers not checking in prior to the check-in deadline for the event may not be allowed to swim.** Swimmers in the 500 freestyle and 1,000 freestyle will need to provide their own counters and timers (2). Swimmers in the 400 IM will need to provide their own timers (2). Positive check-in for distance swimmers on Friday must be accomplished no later than 5:30 PM. The 1,000 freestyle events will be limited to the fastest three (3) heats each for males and females. Positive check-in for distance swimmers on Saturday and Sunday must be accomplished no later than 3:00 PM. Relays must be checked in 30 minutes prior to the beginning of each session. The 1,000 will be swum *fastest to slowest alternating female/male*. Entries must also be accompanied by the CSI meet verification form (USA swimmer registration verification). Deck entries must be declared no later than 30 minutes prior to the start of the session in which the event will be swum and will be permitted as long as they can be accommodated without creating additional heats.
- Qualifying Times: No qualifying standards for this meet except for the following events: **3, 4, 49, 50, 53, 54, and 81 through 84.** NT's WILL NOT BE ACCEPTED in the **1,000** free.
- Swim Suits: *USA Swimming Rule 102.9 (Swimwear), as modified and placed in effect by USA Swimming on October 1, 2009 will be enforced for this meet.*
- CSI Exceptions Report: Any CSI/USA Swimming registration errors must be corrected by Monday, January 4<sup>th</sup> with Kate Toole Doane- Entry Chair. Teams will be notified via e-mail regarding registration errors. Swimmers who have not cleared registration exception problems prior to the start of the meet must re-register with USA/CSI swimming prior to the beginning of the meet.
- Events: Swimmers may enter four (4) individual events plus (1) one relay per day. 8 & Under swimmers may swim five (5) events on Saturday (25 free, 25 fly, 25 back, 25 breast and the 10 & Under 100 IM).
- Entry Fees: Individual events: \$3.60 per event (.60 per event to CSI support fund and .05 to the Mountain Swim League support fund).

Relays: \$4.00 per relay.  
Surcharge: \$5.00 per swimmer.  
Deck entries: \$5.00 per event if lanes are available. All deck entries must show proof of registration.

One *CHECK PER TEAM PAYABLE TO CSST*. Officials working two sessions or more will have one swimmer's entry fees refunded less the .60 CSI fee per event, .05 MSL surcharge and the \$5.00 surcharge.

Entry Deadline: **Entries must be received by Thursday, December 31, 2009**

Mail hard copy entries to and entry fee check to:  
Kate Toole Doane  
Colorado Springs Swim Team  
2301 Logan St.  
Colorado Springs, CO 80907

E-mail entries to: csstswim@msn.com

Awards: High Point awards 1<sup>st</sup>-10<sup>th</sup> place

Scoring: Team scores will not be kept.

Individual scoring:

- **8 & Under, 9-10, 11-12, 13-14 and 15 & over for high point awards.**
- **8 & Under** high point awards based on placing in the **8 & Under events and the 10 & Under 100 IM (Saturday events)**.
- **11-12** swimmers swimming the 200 butterfly, 200 backstroke, 200 breaststroke and 400 IM will be scored respective to their finish with other 11-12 swimmers in those events.
- **13 & older swimmers** will be scored as **13-14 and 15 & over** in events 3, 4, 43-54 and 81-92.

Timing: We are asking that each team swimming in this meet provide timers for at least one lane during the sessions you have swimmers participating. Teams will be notified of their lane timing assignments prior to the first day of the meet.

Officials: Teams participating in this meet are encouraged to provide on-deck officials. Officials working two or more meet sessions will be eligible for a refund of one swimmer's entry fees (less the pool surcharge and CSI support fund amounts).

Meet Schedule: **Friday, January 8<sup>th</sup>**

Evening session            Warm-up            5:00-5:50 PM  
   Meet                    6:00 PM

**Saturday, January 9<sup>th</sup> and Sunday, January 10<sup>th</sup>**  
Morning session            Warm-up            7:00-8:20 AM  
   Meet                    8:30 AM

Afternoon session            Warm-up            12:30-1:50 PM  
   Meet                    2:00 PM

**Teams will be notified with specific warm-up times. CSI warm-up procedures will be observed.**

Meet Director: Kari Leach            719-634-0270  
Meet Referee: Mike McBride            719-592-9137  
Safety: Kari Leach            719-634-0271  
Entries Chair: Kate Toole Doane            719-761-8204  
Programs: \$4.00

Concessions: Available in pool lobby.

Hotels: Sheraton Hotel            719-576-5900    Fairfield Inn            719-576-010  
          Double Tree Hotel            719-576-8900    La Quinta                719-527-4788  
          Hampton Inn South            719-579-6900    Days Inn Residence Inn    719-527-0800



## **Order of Events**

<b>Event #</b>	<b>Girls</b>	<b>Event</b>	<b>Boys</b>	<b>Event #</b>
<b>Friday Evening</b>				
Warm-up: 5:00-5:50 PM				
Meet start: 6:00 PM				
1	NT	11-12 500 Freestyle	NT	2
3	13:30.00	13 & Over 1,000 Freestyle	13:30.00	4
<b>Saturday Morning</b>				
Warm-up: 7:00-8:20 AM				
Meet start: 8:30 AM				
5	NT	10 & Under 200 Medley Relay	NT	6
7	NT	12 & Under 200 Medley Relay	NT	8
9	NT	8 & Under 25 Free	NT	10
11	NT	10 & Under 100 Freestyle	NT	12
13	NT	11-12 100 Freestyle	NT	14
15	NT	10 & Under 50 Butterfly	NT	16
17	NT	11-12 50 Butterfly	NT	18
19	NT	8 & Under 25 Butterfly	NT	20
21	NT	10 & Under 100 Backstroke	NT	22
23	NT	11-12 100 Backstroke	NT	24
25	NT	8 & Under 25 Backstroke	NT	26
27	NT	10 & Under 50 Breaststroke	NT	28
29	NT	11-12 50 Breaststroke	NT	30
31	NT	8 & Under 25 Breaststroke	NT	32
33	NT	10 & Under 200 Freestyle	NT	34
35	NT	11-12 200 Freestyle	NT	36
37	NT	10 & Under 100 IM	NT	38
39	NT	11-12 100 IM	NT	40
<b>Saturday Afternoon</b>				
Warm-up: 12:30-1:50 PM				
Meet start: 2:00 PM				
41	NT	13 & Over 400 Medley Relay	NT	42
43	NT	13 & Over 50 Freestyle	NT	44
45	NT	13 & Over 100 Butterfly	NT	46
47	NT	13 & Over 100 Backstroke	NT	48
49	3:30.00	11 & Over 200 Breaststroke	3:30.00	50
51	NT	13 & Over 200 Freestyle	NT	52
53	6:40.00	11 & Over 400 IM	6:40.00	54



## **Order of Events**

<b>Event #</b>	<b>Girls</b>	<b>Event</b>	<b>Boys</b>	<b>Event #</b>
<b>Sunday Morning</b>				
Warm-up: 7:00-8:20 AM				
Meet start: 8:30 AM				
55	NT	10 & Under 200 Freestyle Relay	NT	56
57	NT	12 & Under 200 Freestyle Relay	NT	58
59	NT	10 & Under 50 Freestyle	NT	60
61	NT	11-12 50 Freestyle	NT	62
63	NT	10 & Under 100 Butterfly	NT	64
65	NT	11-12 100 Butterfly	NT	66
67	NT	10 & Under 50 Backstroke	NT	68
69	NT	11-12 50 Backstroke	NT	70
71	NT	10 & Under 100 Breaststroke	NT	72
73	NT	11-12 100 Breaststroke	NT	74
75	NT	10 & Under 200 IM	NT	76
77	NT	11-12 200 IM	NT	78
<b>Sunday Afternoon</b>				
Warm-up: 12:30-1:50 PM				
Meet start: 2:00 PM				
79	NT	13 & Over 400 Freestyle Relay	NT	80
81	3:10.00	11 & Over 200 Butterfly	3:10.00	82
83	2:55.00	11 & Over 200 Backstroke	2:55.00	84
85	NT	13 & Over 100 Breaststroke	NT	86
87	NT	13 & Over 100 Freestyle	NT	88
89	NT	13 & Over 200 IM	NT	90
91	NT	13 & Over 500 Freestyle	NT	92

### **Important Reminders**

- Relays need to be declared 30 minutes prior to the start of each session.
- Swimmers in events 1-4 need to check-in by 5:30 PM on Friday.
- Swimmers in events 53-54 and 91-92 need to check-in by 3:00 PM on Saturday and Sunday.
- Swimmers in events 1-4 and 91-92 need to provide their own timers and counters.
- Swimmers in events 53-54 need to provide their own timers.

### **Directions to Colorado College**

Take the Uintah exit (#143) off I-25. East three blocks to Cascade. Right (south) on Cascade two blocks to Cache La Poudre. Right (west) on Cache La Poudre one half block. Pool is on the right.

