

# January 2010

Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1 <b>Happy New Year!</b>	2
3	4 LTS & Red: 5:30-6:15 pm White: 6:30-8:00 pm Blue: 6:30-8:30 pm	5 Blue-5:45-7:05 am Masters: 5:45-7:05 am No Evening Practice due to Girls HS Swim Meet	6 LTS & Red: 5:30-6:15 pm White: 6:30-8:00 pm Blue: 6:30-8:30 pm	7 Blue-5:45-7:05 am Masters: 5:45-7:05 am Blue: 5:30-7:30 pm Masters: 5:30-7:30 pm	8 CSST Winter Open No Practice	9 CSST Winter Open No Practice
10 CSST Winter Open	11 LTS & Red: 5:30-6:15 pm White: 6:30-8:00 pm Blue: 6:30-8:30 pm	12 Blue-5:45-7:05 am Masters: 5:45-7:05 am Blue: 5:30-7:30 pm Masters: 5:30-7:30 pm	13 LTS & Red: 5:30-6:15 pm White: 6:30-8:00 pm Blue: 6:30-8:30 pm	14 Blue-5:45-7:05 am Masters: 5:45-7:05 am Blue: 5:30-7:30 pm Masters: 5:30-7:30 pm	15 <b>No Practice due to Girls HS Swim Meet</b>	16 White: 8:00 - 9:30 am Blue: 8:00-10:00 am
17 <b>M.L.K. Holiday</b>	18 LTS & Red: 5:30-6:15 pm White: 6:30-8:00 pm Blue: 6:30-8:30 pm	19 Blue-5:45-7:05 am Masters: 5:45-7:05 am No Evening Practice due to Girls HS Swim Meet	20 LTS & Red: 5:30-6:15 pm White: 6:30-8:00 pm Blue: 6:30-8:30 pm	21 Blue-5:45-7:05 am Masters: 5:45-7:05 am Blue: 5:30-7:30 pm Masters: 5:30-7:30 pm	22 Red: 4:30-5:15 pm White: 4:30-6:00 pm Blue: 4:30-6:00 pm	23 White: 8:00 - 9:30 am Blue: 8:00-10:00 am
24	25 LTS & Red: 5:30-6:15 pm White: 6:30-8:00 pm Blue: 6:30-8:30 pm	26 Blue-5:45-7:05 am Masters: 5:45-7:05 am No Evening Practice due to Girls HS Swim Meet	27 LTS & Red: 5:30-6:15 pm White: 6:30-8:00 pm Blue: 6:30-8:30 pm	28 Blue-5:45-7:05 am Masters: 5:45-7:05 am Blue: 5:30-7:30 pm Masters: 5:30-7:30 pm	29 Red: 4:30-5:15 pm White: 4:30-6:00 pm Blue: 4:30-6:00 pm	30 White: 8:00 - 9:30 am Blue: 8:00-10:00 am
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